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FOR IMMEDIATE RELEASE

A Teacher has Appeared

NEWTON, N.J. — May 20, 2014 — Do you want to unearth methods to help you attain enlightenment in this lifetime? Have you been searching for the right teacher to help you get there? Join The Tree of Health Center on Tuesday, June 3rd, from 7 pm - 9:30 pm and Saturday, June 7th, from 1 pm to 3:30 pm, as they humbly present an ***Introduction to Hanmi Meditation (Esoteric Buddhism)***.

During this fascinating class, participants will hear a very simple explanation of esoteric dharma, the Chinese Esoteric School, and Hanmi - a main lineage of esoteric Buddhism which has been hidden for over 1200 years. Participants will learn very simple techniques to rapidly produce change, raise awareness, overcome hindrances of the body, mind and speech, and experience the ancient Hanmi "light healing" techniques. These methods stimulate the innate healing capabilities of your body and produce a fundamental change in your root nature, causing many obstacles of suffering to be quickly extinguished. Meditation and Self Cultivation will be bestowed upon all participants of this introduction.

Please join The Tree of Health Center on June 3rd and June 7th as they introduce Hanmi Meditation. There is no cost to attend but gratitude offerings are welcome.

Introduction to Hanmi Meditation is taught by Sifu David Miller, ordained to transmit dharma, and former Vice Abbot of Dari Rulai Temple in Los Angeles. Sifu David received Dharma transmissions, empowerments, and teachings from living [Buddha Dechan Jueren](#). He offers spiritual healing work to remove suffering for all sentient beings.



Vajracharya Zhi Bian (Thunderbolt Teacher David Miller)

If you would like to meet Sifu David Miller on Saturday, May 24th, he will be offering special healings at The Tree of Health Center's monthly energy healing clinic from 12 pm to 3 pm. All are welcome. As is customary for this healing clinic, a gratitude donation of \$25 for 30 minutes will be appreciated.

To register or to get more information for ***Introduction to Hanmi Meditation***, please visit The Tree of Health Center's website at www.thetreeofhealthcenter.com, email info@thetreeofhealthcenter.com, or call (973) 500-8813.

About The Tree of Health Center

The Tree of Health Center, located at 55 Newton Sparta Rd, Unit 107, Newton, NJ, is a health and wellness center dedicated to bridging the gap between all health care traditions, with a strong focus on noninvasive practices and prevention. Their team of unique health care specialists is passionate about health, growth & well-being. The Tree of Health Center is helping to create a sustainable future for the health and welfare of our community worldwide. Their team of teachers and practitioners listen and communicate with integrity. They are committed to sustaining unity in our values and truthful compassion in helping others within a meaningful and safe environment filled with love, joy and healing. Visit <http://www.thetreeofhealthcenter.com> for current events, updates and to join the community.

Contact

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