

Two New Events for Spirituality and Hope

Source: *The Tree of Health Center, LLC*

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NEWTON, N.J. -- **If you are looking for a place to go for good food and talking about spirituality, The Tree of Health Center has a treat for you. On December 12th** from 7-9:30 PM our inaugural Pot Luck & Spiritual Chat takes place as we engage in meaningful and enlightening conversation around our own spirituality. We welcome you to our safe oasis to share thoughts and ask questions around spirituality and our connection to the world. Join us for this life-altering discussion, as we get to know each other better and make new friends. This monthly event costs only \$10 and one pot luck dish.

If spirituality is not for you we have a new bimonthly event. The event on December 13th from 7-9:30 PM offers an opportunity for all of our female friends – new and old – to come together, for "Wine Without Whining". Come experience a *Gift of Hope*: a social gathering for "Positive Soul Talk" on how to deepen our relationship to ourselves, with others and with the earth – with honesty and authenticity. We'll reflect on our past joys and how we are building on them as we look forward to living life. We'll share what we each do to bring balance into our lives and what we are doing to stay mindful of incorporating this balance into every moment. And, in true Tree of Health Center fashion, we'll also share our thoughts on MARCI, the acronym of Mindfulness, Awareness, Responsibility, Compassion and Intuition, and how we each grow the "Garden of MARCI" in our lives every day. This event is for women only, who are at least 21 years old with proof of age. Wine will be supplied by a local organic company. This event costs \$15.

To register or to get more information for the Pot Luck & Spiritual Chat and Wine Without Whining, please visit The Tree of Health Center Website at www.thetreeofhealthcenter.com, email info@thetreeofhealthcenter.com or call (973) 500-8813.

About The Tree of Health Center

"The Tree of Health Center" is a community rooted center that takes into consideration that there are many ways to grow, heal and stimulate self-awareness for a healthy mind, body and spirit. The goal is to bring together the best of Natural & Modern Medicine and bridge the gap between all healthcare traditions. Everyone at the Center helps you to facilitate a healthier lifestyle, stronger relationships, and a sustainable future for the health and welfare of our worldwide community. Visit <http://www.thetreeofhealthcenter.com> for current events, updates and to join the community.

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Industry	Health , Lifestyle
Tags	hope , spirituality , women , Health , Tree of Health
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