

The Tree of Health Center Offers Classes for the Soul

Source: The Tree of Health Center, LLC

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NEWTON, N.J. -- April is **Soul Searching** month at The Tree of Health Center, and they've lined of an intriguing selection of classes and events that will deliver a more peaceful flow into your daily life.

On Thursday, April 10th, community members are invited to engage in meaningful and enlightening conversation for their **"Pot Luck & Spiritual Chat"** event. Offered on the 2nd Thursday of each month from 7-9:30 PM, Linda and Debra, partners at The Tree of Health Center, offer a safe place to share thoughts and ask questions around spirituality and our connection to the world. Bring a pot luck dish for all to enjoy as you get to know each other and make new friends.

If spirituality isn't your thing but you're up for encouraging and positive soul talk, join Linda and Debra on Friday, April 11th from 7-9:30 PM for their bi-monthly **"Wine Without Whining"** event – *for women only*. Share your thoughts about MARCI, the acronym for **M**indfulness, **A**wareness, **R**esponsibility, **C**ompassion and **I**ntuition, and how we grow the "Garden of MARCI" in our lives every day. Wine and refreshments will be served. The fee is \$15.

The Tree of Health Center's *Introduction to Wicca* class was finally held for a very welcoming group on March 15th, and students left the class feeling and knowing the peace and enlightenment of living in harmony with Mother Earth. **On Saturday, April 12th** from 1-5 PM, students will delve more deeply into the Wiccan Ways for the next in the Wicca class series, entitled, **"Living Wicca."** Participants will learn how to use numbers, crystals and colors to create more harmony in their lives. They will also gain hands-on experience with tools and rituals for peace in their home, and see how the phases of the moon and observed holidays can affect their life in positive and meaningful ways. The investment is \$50.

To top off the week, the **"Living Wicca"** class will be followed by the center's monthly **"Full Moon Blessing & Pot Luck Feast"** from 7-10:30 PM. April's moon is referred to as the SEED MOON as the breezes of Spring begin to blow seeds around spreading new life. Are you looking to bring a new love into your life, start or add on to your family, new job, new adventures? This is the time to stop planning and start doing; an excellent time to begin your magikal workings to bring new things into your life. Join the celebration at The Tree of Health Center, as you take those ideas that have been kicking around for the past few months and plant the seeds that will bring your ideas and desires to fruition. Suggested donation is \$25.00. A 10% discount is offered to anyone also attending **"Living Wicca."** Please bring a pot-luck dish for sharing as part of the celebration.

Please contact The Tree of Health Center at (973) 500-8813 or info@thetreeofhealthcenter.com to register for these enriching classes and events.

About The Tree of Health Center

The Tree of Health Center, located at 55 Newton Sparta Rd, Unit 107, Newton, NJ, is a health and wellness center dedicated to bridging the gap between all health care traditions, with a strong focus on noninvasive practices and prevention. Their team of unique health care specialists is passionate about health, growth & well-being. The Tree of Health Center is helping to create a sustainable future for the health and welfare of our community worldwide. Their team of teachers and practitioners listen and communicate with integrity. They are committed to sustaining unity in our values and truthful compassion in helping others within a meaningful and safe environment filled with love, joy and healing. Visit

<http://www.thetreeofhealthcenter.com> for current events, updates and to join the community.

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