

Start Your Journey to becoming a Reiki Master with Reiki I Certification Training

Source: *The Tree of Health Center, LLC*

Dated: Dec. 17, 2013

NEWTON, N.J. -- The Tree of Health Center is offering Reiki I Certification Training. This class is the first step in Reiki Healing Mastery. It combines a lecture explaining different hand positions, a discussion session, and a hands-on workshop where brief and full treatment sessions are introduced. The Reiki I Certification Training is a three day class offered on Friday, Jan. 17th through Sunday, Jan. 19th. Friday's class will be from 6-9 p.m., while both Saturday and Sunday's class will be from 9 a.m. - 5 p.m.

Reiki means "universal life force energy" and involves laying-on of hands to direct energy through the therapist to the client in order to reduce stress and create a sense of relaxation. Reiki clears energy blockages in the body and facilitates the body's natural healing processes. It is used to support healing in acute and chronic conditions, ease mental distress and promote emotional well-being. This class includes: Reiki history, Reiki principles, the seven essential chakras, essential meditations to become one with Reiki, the Reiki hand positions for full and brief treatment sessions, self-healing, individual attunement, and a basic workshop for giving and receiving a complete Reiki session. The class will be taught by Linda Mitchell, a certified Reiki Master and founder of The Tree of Health Center.

All Reiki I students must prove their proficiency on one of their clients under the supervision of one of our Tree of Health Center's Reiki Master Teachers before they will be recognized as Reiki I Practitioners. The cost of the Reiki I Certification Training is \$175.00. If you plan to take part in the class, please RSVP by Jan. 10th, as there are a limited number of spots available.

To register or to get more information, please email info@thetreeofhealthcenter.com, call (973) 500-8813 or visit our website at www.thetreeofhealthcenter.com.

About The Tree of Health Center

"The Tree of Health Center" is a community rooted center that takes into consideration that there are many ways to grow, heal and stimulate self-awareness for a healthy mind, body and spirit. The goal is to bring together the best of Natural & Modern Medicine and bridge the gap between all healthcare traditions. Everyone at the Center helps you to facilitate a healthier lifestyle, stronger relationships, and a sustainable future for the health and welfare of our worldwide community. Visit <http://www.thetreeofhealthcenter.com> for current events, updates and to join the community.

--- End ---

Email	Click to contact author
Phone	(973) 500-8813
City/Town	Newton
State/Province	New Jersey
Country	United States
Industry	Health , Lifestyle
Tags	reiki , Tree of Health , stress , Health , healing
Link	http://prlog.org/12257607



Scan this QR Code with your SmartPhone to-

- * Read this news online
- * Contact author
- * Bookmark or share online